



Name : _____ Class : _____ Date : _____

Past Continuous Tense

[Action Verbs, Be Verbs, Possessive Forms]

Past Continuous Tense : Action Verbs

Affirmative ➞

Subject + was/were + verb(-ing) + object (if any)

Example ➞

They were playing cricket at the playground.

Negative ➞

Subject + was/were + not + verb(-ing) + object (if any)

Example ➞

I was not watching any movie last night.

Interrogative ➞

Was/Were + subject + verb(-ing) + object (if any)?

Example ➞

Were they doing their homework?

Note:

Use **was** with I, he, she, it, or a singular noun, and use **were** with you, we, they, or plural nouns in the past continuous tense to show an action in progress in the past.

Past Continuous Tense : Be Verbs

Affirmative ➞

Subject + was/were + being + complement

Example ➞

You were being helpful throughout the event.

Negative ➞

Subject + was/were not + being + complement

Example ➞

He was not being fair to his friend.

Interrogative ➞

Was/Were + subject + being + complement?

Example ➞

Was she being helpful during the task?

Note:

The forms **was being** and **were being** are grammatically correct. They are used to describe temporary behavior or a situation in progress in the past.

Past Continuous Tense : Possessive Forms

Affirmative ➞

Subject + was/were + having + activity/experience

Example ➞

They were having a birthday celebration.

Negative ➞

Subject + was/were not + having + activity/experience

Example ➞

She was not having lunch with her friends.

Interrogative ➞

Was/were + subject + having + activity/experience

Example ➞

Was she having a hard time?

Note:

Do not use was having or were having to show possession. Use had instead. However, use was/were having for **temporary activities**, meals, experiences, or events.

